

Hydro 101: An 8-step guide to successful indoor gardening

1) The right environment

Having the right environment is critical for your garden. Key elements to a successful garden room include relative humidity, temperature, CO₂ (Carbon Dioxide) and air circulation/exchange. The ideal humidity for a garden room falls between 40 & 60 percent. Some plants like higher humidity, but know that higher humidity can lead to problems with fungus and disease. Temperatures in your grow room should be between 68–75 F degrees. Temperature changes will lead to variations in humidity levels. Avoid drastic temperature changes over a short period of time. Your plants need CO₂ to grow. Assuming you have good air circulation/exchange, your garden room will naturally have between 300–400 PPM (parts per million) of CO₂; higher CO₂ levels should accelerate growth rates. If you choose not to supplement CO₂ in your garden room, it is important to address the air circulation/exchange so that your plants will receive fresh CO₂.

2) Start off with good water

The water you use for your plants will determine how well your plants will grow, regardless of what you add in terms of nutrients and supplements. PPM (parts per million) or EC (electrical conductivity) are the measurement of the salts in a solution. Neither PPM nor EC readings will tell you what is in your solution / water, but rather are indicators of the solution's ability to conduct electricity. Ideally, you want to start off with a low PPM or EC then you can add nutrients specific to your plants requirements. You can reduce the PPM of your water using a Reverse Osmosis (R.O.) unit then build your nutrient solution around what your plants need. pH (potential hydrogen) measures the acidity or alkalinity of your solution on a scale of 0–14. A solution is considered acidic below 7 and basic at 7 or higher. When working with hydroponics you typically want your pH to fall between 5.8 and 6.2. When growing in soil or coco you want your pH between 6.0 and 6.8. The most

important rule to remember with pH is to avoid extremes. Nutrient "lockout" occurs with high and low pH levels.

3) Choose a method

Ebb & Flow gardens flood and drain a tray of plants with a nutrient solution at regular intervals. A drip garden provides nutrient solution to the plant through tubes & emitters (drip stakes) to each plant. Aeroponic growing mists an oxygenated nutrient solution directly to the roots of a plant. NFT (Nutrient Film Technique) gardens create a slow moving nutrient solution 'film' that flows over the roots of the plants. Organics have become a preferred method of growing. Choose the size container you want, an organic soil/medium, an organic fertilizer and water by hand.

4) Choose a medium

Growing mediums act as the anchor for the plants root system. Some add nutritional value to your plants while others simply give the roots something to hold on to. Some mediums to consider are soil, soil-less mixes, coco, hydroton, rockwool/stonewool, or silica stone. Coco is available in both a loose and compressed form. Coco is made from the husks of a coconut, and it is very pH stable and provides good moisture retention and natural aeration qualities. Hydroton or clay pebbles are made from expanded, pH neutral clay. They tend to hold water well and have great oxygen to water ratio; this makes hydroton suitable for hydroponic and soil gardens. With proper sterilization techniques, hydroton can be reused. Rockwool is made from stone that is heated then spun into fibers. It is then compressed into starter cubes, grow blocks, or slabs. This medium has excellent oxygen to water ratio. Rockwool tends to have a higher pH, so flushing with 5.5–5.8 pH balanced water or a rockwool conditioning solution is recommended. Rockwool works best in an ebb & flow and drip systems. Silica stone is a rock that contains high levels of silicate which helps slow transpiration rates of plants.

This is especially helpful in garden rooms that have temperatures above 85 F degrees. Silica stone is pH neutral and environmentally friendly. Like hydroton, silica stone can be reused and is suitable for hydroponic and soil gardens.

5) Nutrients

Like humans, plants require food (nutrients) to grow. Nutrients come in organic and synthetic varieties and are available in both liquid and dry form. Nutrients can be separated into two categories, macro and micro nutrients. The macronutrients are nitrogen, phosphorus, potassium, calcium, magnesium and sulfur. The micronutrients or trace nutrients include iron, manganese, boron, zinc, copper, molybdenum and chlorine. If the nutrients are deficient or are abundant you may see burning, curling or yellowing. You do not want to over or under fertilize. There are many different types of nutrients/fertilizers available on the market. You can purchase organic, synthetic (chemical) or a combination of both. Most nutrients/fertilizers will have an N-P-K (Nitrogen, Phosphorus, and Potassium) on the front of the bottle. In the vegetative or growth stage the "N" will typically be higher. In the flowering or bloom stage the "P" will typically be higher. You may also consider implementing additives/supplements into your nutrient mix. Additives/supplements can bolster microbial activity at the root zone, increase size, flavor and aroma. When used together, nutrients and supplements will help you achieve maximum results.

6) Lighting

High Intensity Discharge (HID) is the preferred lighting in a garden room. The two types of HID lighting commonly used are HPS (High Pressure Sodium) and MH (Metal Halide). HPS lamps deliver more of an orange/red spectrum, which is ideal for most plants in the flowering/bloom stage. MH lamps deliver more of a blue/green spectrum, which is ideal

for most plants in the vegetative/growth stage. Another type of lighting ideal for plant growth is T5 lighting. T5 lighting is a high-output fluorescent light with low heat and minimal energy consumption. It is an ideal light for cuttings, mother plants and short growth cycles. All plants require light in order to grow and bloom. Most plants grow and bloom according to the amount of light they are given. In the growth or vegetative stage plants typically want 15–18 hours of light. In the bloom stage you reduce the amount of light your plants get to 10–12 hours. You want to make sure the light comes on and off at the same time everyday (just like mother-nature). The best way to accomplish this is by putting your light on a timer. Please consult your nearest hydroponic retail store for more information on which light is best for you.

7) Testing equipment

There are many different meters available for testing pH, PPM, EC, temperature, humidity, CO₂ and light levels. Single meters are available as are combination meters that test and/or monitor your environmental conditions. The important thing to remember is your garden will only be as good as the limiting factor. Water, nutrient, light, temperature, humidity, CO₂ & circulation are the elements to a successful garden room. By "dialing in" these elements, you will ensure a successful and bountiful garden.

8) Optional accessories

There are many items available to help your garden grow. Organics, controls, fans, blowers, plant stakes, relays, nutritional supplements and the lists go on. Consult with your retail supplier to discuss what the best accessories for your garden are. Happy Gardening!!

Why Use Supplemental Lighting for Indoor or Greenhouse Gardening?

High intensity discharge (H.I.D.) lighting has traditionally been used only by commercial growers in large scale greenhouses. These business savvy professionals have long understood the exceptional benefits of supplemental, artificial lighting for plant growth. From stronger, healthier seed starts, into faster maturing, vigorous plants that offer much higher yields and more spectacular flowering than can be achieved without supplemental lighting. H.I.D. lighting not only supplements sunlight, but can actually replace it during long winters where sunlight is in short supply. It is very energy efficient and the cost of operating one of our light systems is comparable to using one of your kitchen appliances.

Plants need light for proper growth. The light spectrum range produced by artificial light (particularly H.I.D. light) enhances the natural light derived from the sun by many times over. The result... when combined with proper nutrients... is nothing short of AMAZING! And the best news is... this technology once

available only to the commercial market is now available to you.

All this being said, what can supplemental lighting do for a home, hobby grower?

- **SIGNIFICANTLY INCREASE** the health, strength, growth rate & yield of your plants.
- **SUPPLEMENT NATURAL SUNLIGHT** in your backyard greenhouse virtually eliminates seasonal & geographical restraints. In addition, by extending the "day length" with supplemental lighting, you will greatly enhance your growing success.
- **CONTAINER PLANTS** that are outdoors on decks & patios during the summer can be moved indoors during the winter under H.I.D. or high output fluorescent light allowing them to thrive year round.

- **INDOOR GARDENING** – Why settle for gardening just a few months of the year? By using one of our light fixtures as a primary light source indoors, you can enjoy the hobby of gardening all year long!

High Intensity Discharge lighting systems have revolutionized indoor gardening in the last two decades. They are the most energy efficient grow lights available, so they produce much more light for the amount of power consumed.



LINEAR FLUORESCENTS

Traditional T12 and T8 fluorescent lighting is simply not powerful enough to light an area more than 8-10 inches below the bulb. With the recent introduction of the highly efficient T5 technology, T5 linear fluorescent fixtures can now put out a respectable 92.6 lumens per watt. T12 lamps typically put out about 30 lumens per watt. T5 fixtures are excellent for starting seeds and cuttings, but are also able to produce enough light for full

term growth. Because of their minimal heat output, they can be placed very close to the plant canopy to maximize the light output.

HIGH WATTAGE SELF BALLASTED GROW LAMPS

These lamps have become quite popular in the recent past. We offer EcoPlus® brand 105 & 150 watt mogul base fluorescent lamps that put out about 70 lumens per watt. They are excellent for starting seeds or to use over a

small garden area.

INCANDESCENT LAMPS

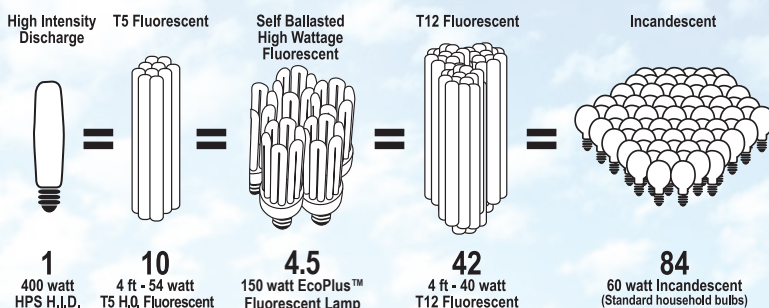
These standard household bulbs do not emit enough light, or the proper spectrum to be used by serious gardening enthusiasts. They are not very efficient, using a considerable amount of power for the light they emit. They are typically only about 15 lumens per watt.

WHICH LIGHT IS RIGHT FOR YOU?

Most gardeners use at least 25 watts per square foot of garden space. You may need less if your light is used to supplement natural sunlight, or if you are growing a plant that does not require as much light (ie: lettuce). However, many gardeners prefer to double or even triple the recommended wattage to achieve faster growth rates. There is really no such thing as too much light, but using a big light in a small space will sometimes result in high temperatures that are difficult to control. Keep in mind that plants need periods of darkness too. Most indoor gardeners use lighting from 12 - 18 hours per day.

LIGHT OUTPUT COMPARISON CHART

The lumen output is the same for each of these five scenarios shown below. Each represents a total lumen output of approximately 50,000.



HANGING HEIGHT

A general guideline for the proper hanging height of an H.I.D. lamp would be 12"-48" depending on wattage (see below). Make sure to check for excessive heat at the top of your plants by placing your hand (palm down) over your plants. If the top of your hand is hot, you need to move your lamp up higher. If the light source is too close to your plants, you can burn them. Remember that as your plants grow you will need to adjust the height of your lamp.

Please keep in mind that the latest air-cooled reflectors, like the Super Sun[®] 2 allow you to place higher wattage bulbs closer to plants than was possible in the past.

When you raise the light up & away from your plants, you need to be aware of the light levels at your plants will be significantly reduced.

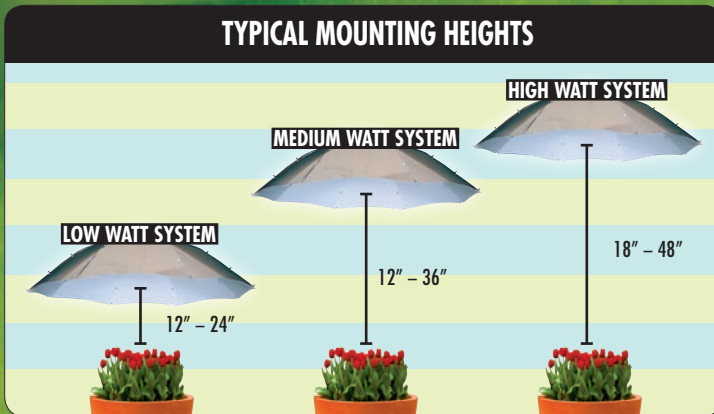
As light moves away from its source (the lamp) it diminishes as follows: $1/\text{Distance}^2$. For example: 1ft. = 1000 FC, 2ft. = 250 FC, 3ft.

= 111 FC, 4ft. = 63 FC, 5ft. = 40 FC, & 6ft. = 28 FC.

COVERAGE AREA

A fluorescent fixture can be placed much closer to plants than an H.I.D. fixture because it produces very little heat. You should place your fluorescent lights as close to the tops of your plants as you can without excluding the outside perimeter of your garden.

TYPICAL MOUNTING HEIGHTS



H.I.D. AVERAGE COVERAGE AREA BY WATTAGE

150/175 watts covers approx 2' x 2' area
 250 watts cover approx. 3' x 3' area
 400 watts covers approx. 4' x 4' area
 600 watts covers approx. 6.5' x 6.5' area
 1000 watts covers approx. 8' x 8' area

NOTE: Coverage area may be reduced if this is your primary light source.

HIGH PRESSURE SODIUM (HPS) OR METAL HALIDE (MH)

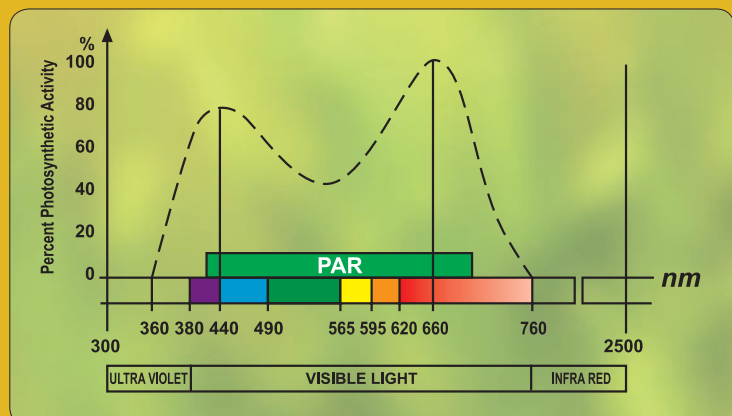
If you choose H.I.D. as your source of lighting, you have another choice...HPS or MH. Sunlight Supply[®], Inc. offers lights in MH and HPS. Metal Halide (MH) bulbs emit a light spectrum which appears blue-white to the human eye. This color spectrum is more conducive for vegetative growth, or starting seeds and cuttings. High Pressure Sodium (HPS) bulbs emit a spectrum which is more concentrated in red/orange light. This color is ideal for the fruiting and flowering stage of a plant's development. It is a good multi-purpose light as well.

Your style of gardening will determine which type of light is best for you. But whichever model you choose, you can be assured that your investment

into the lighting technology used by the professional will be rewarded by increased, nutrition packed yields, lovelier flowers and healthier plants!

LIGHT REQUIRED FOR PHOTOSYNTHESIS

Only part of solar radiation is used by plants for photosynthesis. The photosynthetically active radiation (PAR) contains the wavelengths between 400 and 700 nanometers, and falls just within the so-called visible spectrum (380-770nm). The total visible spectrum is perceived by us humans as white light, but with the aid of a prism, we see that the "white" light is actually separated into a spectrum of colors from violet to blue, to green, yellow, orange and red. Plants use the blue to red light as their energy source for photosynthesis.



FAQ — HORTICULTURAL LIGHTING

General Lighting questions:

1) What is HID Lighting?

HID lighting stands for High Intensity Discharge, which is a special type of lighting that is much more intense (brighter) than other type of lighting available. An HID lighting system consists of a ballast, reflector, socket and lamp (light bulb). The ballast acts like the engine, converting and driving energy to illuminate the lamp. HID lighting options include High Pressure Sodium (HPS), Metal Halide (MH), Mercury Vapor and Low Pressure Sodium. The two typically used for plant growth are HPS and MH systems.

2) What is Color Rendering Index (CRI), Color Temperature (K) and Lumen?

Color Rendering Index is a subjective measurement of how well a lamp source renders colors. A measurement of the degree of color-shift an object undergoes when illuminated by a light source when compared to a reference source of comparable color temperature. Incandescent light is assumed to have a CRI of around 100 so it will render all colors correctly. MH only has a CRI of about 70, so only 70% of colors will be rendered correctly. HPS has a CRI of 22.

Color Temperature is not how hot the lamp is. Color temperature is the relative whiteness of a piece of tungsten steel heated to that temperature in degrees Kelvin. HPS has a warm (red) color temperature of around 2700K as compared to MH at 4200K, which has a cool (blue) color temperature.

What is important to remember about these two terms is that CRI readings, of two sources, can only be compared if their color temperature is equal. You cannot compare the CRI of HPS (CRI=22) vs. Metal Halide (CRI=70) because the color temperatures are different (2200K vs. 4500K)

Lumen is a measurement of light output. It refers to the amount of light emitted by one candle that falls on one square foot of surface located at a distance of one foot from the candle. Traditionally, lumens have been the benchmark of a lamp's ability to grow plants; meaning the brighter the lamp the better the plant. However, studies have shown that a broader color spectrum lamp will perform much better than a lamp with high lumen output, especially when it comes to plant growth.

3) What is the difference between MH and HPS with regards to plant growth?

MH lamps provide more of the blue/green spectrum, which is ideal for leafy crops, and/or plants that are in a vegetative (actively growing) stage. MH lamps provide a more natural appearance in color and are typically the choice for plants that have little to no natural light available. HPS lamps provide more yellow/orange/red spectrum, which is ideal for most plants that are actively fruiting and flowering. In addition, HPS lighting is the choice for growers looking to supplement natural sunlight. Ideally, the horticulturalist will use MH to grow their plants and HPS to fruit and flower their plants.

4) What is the difference between HID and Fluorescent lighting with regards to plant growth?

Traditionally, fluorescent lighting was used for seedlings, cuttings and plants with low light-level requirements and HID was used for established plants and plants with higher light-level requirements. Advances in fluorescent lighting technology, however, have provided more options for horticulturists. T5 fluorescent lighting is the latest in plant growth lighting. T5's high-light output combined with its low heat and energy consumption makes it an ideal light source to grow a broader array of plants.

5) What are the benefits of using T5 fluorescent lighting for plant growth?

T5 lamps provide the ideal spectrum for plant growth. Photosynthesis rates peak at 435 nm and 680 nm. A 6500K T5 lamp has a spectral distribution with relative intensity peaks at 435 nm and 615 nm. This equates to very little wasted light energy in terms of plant growth. T5 lamps promote incredible health and vigor of seedlings and cuttings. Root development is superior relative to other lighting sources. While T5 lighting is excellent for starting seeds and cuttings, it's also able to produce enough light for full term growth. Because of their minimal heat output, T5 lamps can be placed 6" -8" above the plant canopy which maximizes photosynthetic response. Unlike conventional fluorescents, plants grown under T5 lamps do not have to be rotated to the center of the lamp. T5's slim diameter enables better photo-optic control of the emitted light, increasing efficiency in the form of even light distribution.

Environmental Impacts of T5 (at a glance):

- T5 lamps have a diameter of 5/8" – smaller is better when it comes to manufacturing, transportation and disposal.
- Reduction in raw materials and components needed for manufacturing.
- Reduction in lamp and fixture packaging materials due to relative size.
- T5 are constructed of 40% less glass than T8.
- T5 contain 30% less phosphor than T8.
- T5 contain 3mg of mercury. 70% less than T8.
- Longer lamp life means reduced maintenance cost and less going to the landfill.

6) What are the major differences between HID ballasts and electronic ballasts?

Frequency output to the lamp and energy conversion from electricity to usable light are the biggest differences between HID ballasts and electronic ballasts. HID ballasts produce a frequency of 60 Hz. Electronic ballasts vary from manufacturer to manufacturer, but the frequency produced can be 400x that of an HID ballast. HID ballasts produce more heat than electronic ballasts, thus making electronic ballasts more energy efficient. You will not, however, save money on your electric bill by using electronic ballasts. HID lighting has been available for 60+ years, while electronic ballast (especially 400 watt and higher) is a relatively new technology.

7) Are electronic ballasts more energy efficient?

Electronic ballasts are more efficient at converting electricity into usable light. Since your power bill is based on kilowatt-hours and not efficiency, a 1000 watt electronic ballast will cost you about the same as a 1000 watt HID ballast to operate.

8) How much energy will my light use?

An average lighting system will increase your electricity cost about \$8 to \$20 per month. The exact amount depends on the wattage of the system and the number of hours operated. To calculate your cost, multiply the bulb wattage X the number of hours of operation and divide by 1000. This figure is the number of kilowatt-hours of electricity used. (Example: a 400 watt lamp running for 18 hours will use 7.2 kilowatt-hours). Check your power bill for the cost of each kilowatt-hour. Then multiply the number of kilowatt-hours used by the cost of a kilowatt-hour (K/hr) to figure the cost to run your light for that many hours.

9) Do I need special wiring in my house for my lighting system?

Lighting systems are available in a variety of voltages. The standard used by most gardeners is 120 volts / 60 Hz which plugs into a standard wall outlet. Other voltages may require special circuits and receptacles. Always contact a licensed electrician if the light you purchased has special voltage requirements and never exceed more than 75% of the rated ability of the fuse/breaker. (For example: use no more than 15 amps on a 20-amp circuit.)

10) What voltages are available for HID and Fluorescent lights?

HID systems are available in 120 volt, 208 volt, 240 volt, 277 volt and 480 volt - All at 60 Hz. Fluorescent lighting varies, but most are available from 100 volt to 277 volt and 50 Hz or 60 Hz.

11) Will I save on my electric bill if I run my system with 240 volts?

No. Electric companies base your electrical bill on Wattage, not Voltage or Current. While ballasts wired for 240 volt will draw less current and run a little cooler than one wired for 120 volt, it will not save you money on your electric bill.

FAQ — HORTICULTURAL LIGHTING

12) How often do I need to change my light bulb?

Most lamp manufacturers rate their lamps by "Average Life Hours" and usually claim 10,000 to 24,000 hours. These ratings are based on when the lamp will completely fail to come on. They do not factor in loss of intensity or loss of color. HID lamps lose intensity and color through normal use. This is OK if you are lighting a warehouse, but when it comes to plant growth, these losses can mean wasted electricity and poor plant performance. Serious horticulturalists recommend that you replace your lamps after 6000 hours of use. This equates to using your light 16 hours a day for one year.

13) How long should I run my lights?

This depends on the type of plants and whether you have natural sunlight available to your garden. As a general rule, when you are in a vegetative stage of plant growth and you have no natural sunlight, run your lights 14-18 hours a day. If you have natural sunlight, it will vary because the sunlight may or may not be direct. It will take a little experimenting to find the best length of time to run your lights. If you are actively fruiting and flowering, the rule is to run your lights 12 hours a day if you have no natural light.

14) How high do I need to hang my lights above my plants?

The higher the wattage the further away you want the light to be from your plants due to the amount of heat. HID lighting will be further away than a fluorescent fixture because of this. When mounting your lighting fixture take into account the type of plant and how tall the plant will grow. You want to keep the light as close as you can, but not so close to burn the plant. A simple rule is "if it is comfortable for the back of your hand, it will be a safe distance for your plants". Doing a little research on the type of plant and where it comes from will help in determining how much (or little) light your plants like. With fast growing plants, you may need to check the hanging height on a regular basis as plants that get too close to the lamp will be severely burned.

15) How big of an area will my light cover?

The size of the garden area will determine the wattage you need. If we assume that the plants will get no sunlight, a 1000 watt light will cover about 7 x 7 feet of growing area. A 600 watt will cover 6 x 6 feet, a 400 watt will cover 4 x 4 feet, and a 250 watt will cover 3 x 3 feet. These sized areas would be considered the "Primary Growing" areas. These lights will light-up larger areas, but plants placed outside of the Primary Growing area, will stretch and bend toward the light; a phenomenon called phototropism. Keep these areas of coverage in mind when using multiple fixtures. The best results occur when the areas of coverage overlap.

16) Why do I need glass to get the UL Listing on a Metal Halide light?

The inner arc tube of a Metal Halide lamp contains mercury. Underwriters Laboratory has stated that for a Metal Halide fixture to maintain its UL Listing, that an additional tempered safety lens is required in the event that the arc-tube and outer glass fail. This will prevent the spread of Mercury.

17) Can I run a 1000 watt bulb in my 400 watt lighting system?

No! The internal components of the ballast are designed to send the correct voltage and current for the rated lamp. Mixing lamps and ballasts will result in premature failure and will void the manufacturers' warranty. Consider the size area you want your garden to be prior to making a lighting purchase. It is better to grow into a fixture than out of one.

18) Can I run a 430 watt bulb in a 400 watt lighting system?

Yes, the internal components of 400 watt and 430 watt ballasts are almost identical. You will only get 400 watts of light out of the 430 watt lamp, however.

19) Do I need to wear gloves when handling an HID light bulb?

Manufacturers do not state that gloves are required when handling their lamps. It is recommended that your hands be thoroughly washed prior to handling HID lamps though.

20) What is a conversion bulb?

A lamp that operates on the opposite ballast it was originally designed for. For example, a 940 watt conversion lamp is an HPS lamp that runs on a 1000 watt Metal Halide Ballast. There are also MH lamps that are designed to operate on HPS ballasts. These bulbs allow the grower to purchase the ballast of their choice and offer the flexibility of growing a variety of plant types by simply changing the lamp they need.

Sun System® lighting fixture questions:

1) Which Sun System® Reflectors have built-in socket assemblies?

- Super Sun® 2
- Cool Sun XL
- Sun Tube™ 6" & 8"
- Light Pipe™ 6" & 8" (socket only, no lamp cord)
- Super Sun®
- Cool Sun
- Cool Breeze™ 6" & 8"
- Yield Master™ II 4"
- Yield Master™ II 6" Supreme & Classic
- Adjust-A-Wing (w/ or w/o lamp cord)
- Econowing
- Agrotech™
- Great White™ 6"
- Magnum XXXL 6"

2) Which Sun System® Reflectors accept BT-56 bulbs?

- Cool Sun
- Cool Sun XL
- Sun Gro
- Great White™ 6"
- Magnum XXXL 6"

3) Does a BT-56 lamp perform better than a BT-37?

No! BT-56 was the standard for many years. The reduced jacketed BT-37 will provide the same intensity and color that a BT-56 lamp provides. BT-37 is a physically smaller lamp and is easier to ship and handle.

4) Is the socket assembly sold separate for Sun System® ballasts?

Yes

5) What does MVP™ stand for?

MVP™ stands for Multi-Volt Powercord. This is Sunlight Supply's exclusive detachable power cord feature. Simply plug the 120 volt power cord into the ballast and it will run on 120 volts. Want 240 volts, plug in a 240 volt power cord (sold separately) into the ballast and it will run on 240 volts. This feature is available on the Sun System® 1, Sun System® 6 and Sun System® 7.

6) Will the MVP™ power cord work on the Future-Brite™, Lumatek™ or Galaxy™ ballasts?

No. The MVP™ cord only works with the Sun System® 1, 6 and 7 ballasts.

7) How do I clean the inside of my Sun System® Reflector?

Warm water and mild dish soap are the best to clean and maintain the highly reflective finish. Avoid bleach, ammonia and other harsh or abrasive cleaners.

Quick Reference/Conversions

Conversions

1 US gallon is equal to:

4 quarts	128 ounces	768 tsp
8 pints	3.785 liters	8.34 lbs
16 cups	256 tbsp	231 cu. in.

1 cup is equal to:

8 ounces	48 tsp	0.23 liter
½ pint	236 ml	14.4 cu. in.
16 tbsp	0.52 lbs	236 grams

1 tablespoon is equal to:

½ ounce	3 tsp	15 grams
15 ml	180 drops	0.663 cup

1 liter is equal to:

1000 ml	4.328 cups	202.88 tsp
2.164 pints	67.63 tbsp	0.264 gal
1000 grams	2.22 lbs	1.057 quarts

Measurement equivalents

3 tsp = 1 Tbsp	1 ml = 1/5 tsp
2 Tbsp = 1 fluid oz	5 ml = 1 tsp
16 Tbsp = 1 cup	15 ml = 1 Tbsp
2 cups = 1 pint (16 oz)	30 ml = 1 fluid oz
2 pints = 1 quart (32 oz)	240 ml = 1 cup
4 quarts = 1 gal (128 oz)	3840 ml = 1 gal

Common Size Conversions

n/a	3.38 ounces	100 milliliter	0.1 Liter
n/a	4 ounces	118.3 milliliter	0.118 Liter
1/2 Pint	8 ounces	237 milliliter	0.237 Liter
Pint	16 ounces	473 milliliter	0.473 Liter
Quart	32 ounces	946 milliliter	0.946 Liter
Gallon	128 ounces	3785 milliliter	3.785 Liter
2.5 Gallon	320 ounces	9464 milliliter	9.464 Liter
5 Gallon	640 ounces	18930 milliliter	18.93 Liter
6 Gallon	768 ounces	22710 milliliter	22.71 Liter

Definitions & Abbreviations

mg/l = milligrams per liter
ppm = parts per million
mho = conductivity
mS = millisiemen
uS = microsiemen
tds = total dissolved solids
ec = electrical conductivity
pH = potential hydrogen

1 mho = 1 Siemen
1 Siemen = 1000 mS
1 mS = 1000 uS
1 mS = 500 ppm (standard)
1 mS = 650 ppm (horticultural)
1 mg/liter = 1 ppm

B Boron	Mg Magnesium
C Carbon	Mn Manganese
Ca Calcium	Mo Molybdenum
Cl Chlorine	N Nitrogen
Cu Copper	Na Sodium
Fe Iron	O Oxygen
F Fluorine	P Phosphorus
H Hydrogen	S Sulfur
K Potassium	Zn Zinc

Lighting Conversion

$$1 \text{ footcandle} = \text{lumen/ft}^2$$

Watts, Amps & Volts Formula

$$\text{Wattage} = \text{Amps} \times \text{Voltage}$$

$$\text{Amps} = \text{Wattage} \div \text{Voltage}$$

$$\text{Voltage} = \text{Wattage} \div \text{Amps}$$

AMPS are how many electrons flow past a certain point per second. **VOLTAGE** is a measure of how much force that each electron is under. **WATTAGE** is the electric power required by an appliance or device.

°F/°C TEMPERATURE CONVERSION

200°C = 392°F	100°C = 212°F	75°C = 167°F	40°C = 104°F
150°C = 302°F	95°C = 203°F	70°C = 158°F	30°C = 86°F
125°C = 257°F	90°C = 194°F	65°C = 149°F	20°C = 68°F
110°C = 230°F	85°C = 185°F	60°C = 140°F	10°C = 50°F
105°C = 221°F	80°C = 176°F	50°C = 122°F	0°C = 32°F

°F/°C TEMPERATURE FORMULA

$$^{\circ}\text{C} = (^{\circ}\text{F} - 32) \times 5/9$$

$$^{\circ}\text{F} = (^{\circ}\text{C} \times 9/5) + 32$$



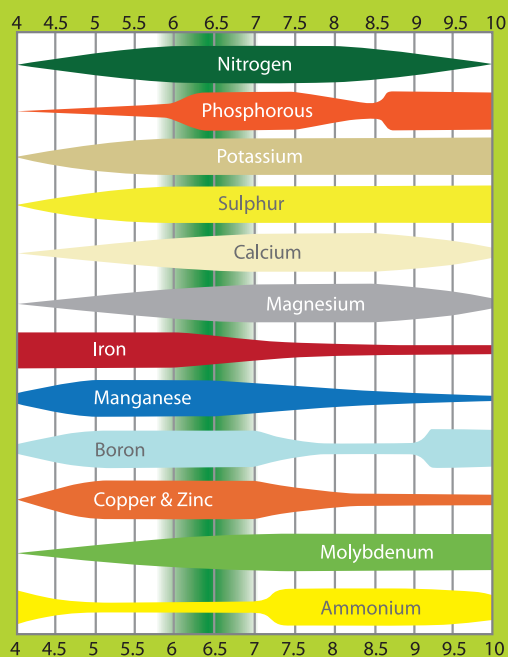
Container Capacities

Prod. #	Pot Size	Pot Capacity
724140	5"x5"x6.5" square pot black jumbo senior	2.8 qt./2.65 liter
724150	5"x5"x6.5" square pot white jumbo senior	2.8 qt./2.65 liter
724160	6"x6"x7" square pot black magnum	4.35 qt./4.1 liter
724425	5.5"x5.5"x6" square pot white jumbo	3.15 qt./3 liter
724525	Am Hydro Perfect Pot	1.75 gal./7 qt./6.6 liter

Pot Size	# of Pots per 3 CF Bag
3" square pot	390
4" square pot	147
1 gallon pot	21
2 gallon pot	10
3 gallon pot	7
5 gallon pot	4

Measurement Conversion Chart

This measurement conversion chart, provided by BlueLab®, is a useful tool for all hydroponic growers. It allows you to convert between common units of measure when testing your nutrient solution.



This pH Chart (right) shows the Safe Zone is between 5.8 and 6.8.

pH - Why it's important

The pH scale, from 1 to 14, measures acid-to-alkaline balance. The number 1 is the most acidic, 7 is neutral, and 14 most alkaline. Every full-point change in pH signifies a ten-fold increase or decrease in acidity or alkalinity. For example, soil or water with a pH of 5 is ten times more acidic than water or soil with a pH of 6. Water with a pH of 5 is one hundred times more acidic than water with a pH of 7. With a ten-fold difference between each point on the scale, accurate measurement and control is essential to a strong, healthy garden.

Most plants grow best in soil with a pH from 6.5 to 7. Within this range plants can properly absorb and process available nutrients most efficiently. If the pH is too low (acidic), acid salts chemically bind nutrients, and the roots are unable to absorb them. An alkaline soil with a high pH causes nutrients to become unavailable. Toxic salt buildup that limits water intake by roots also becomes a problem. Hydroponic solutions perform best in a pH range a little lower than for soil. The ideal pH range for hydroponics is from 5.8 to 6.8. Some gardeners run the pH at lower levels and report no problems with nutrient uptake. The pH of organic soil mixes is very important because it dictates the ability of specific pH-sensitive bacteria.










Measure the pH with a soil test kit, litmus paper, or electronic pH tester, all of which are available at most nurseries. When testing pH, take two or three samples and follow instructions supplied by the manufacturer "to the letter". Soil test kits measure soil pH and primary nutrient content by mixing soil with a chemical solution and comparing the color of the solution to a chart. Most of these kits are difficult for novice gardeners to achieve accurate measurements. Comparing the color of the soil/chemical mix to the color of the chart is often confusing. If you use one of these kits, make sure to buy one with good, easy-to-understand directions, and ask the sales clerk for exact recommendations on using it.

BlueLab Measurement Conversion Chart



















mS/cm ² millisiemen per cm ²	EC	CF	ppm 500 (TDS) (USA)	ppm 700 (UK, CA, AUST)
0.1	0.1	1	50	70
0.2	0.2	2	100	140
0.3	0.3	3	150	210
0.4	0.4	4	200	280
0.5	0.5	5	250	350
0.6	0.6	6	300	420
0.7	0.7	7	350	490
0.8	0.8	8	400	560
0.9	0.9	9	450	630
1.0	1.0	10	500	700
1.1	1.1	11	550	770
1.2	1.2	12	600	840
1.3	1.3	13	650	910
1.4	1.4	14	700	980
1.5	1.5	15	750	1050
1.6	1.6	16	800	1120
1.7	1.7	17	850	1190
1.8	1.8	18	900	1260
1.9	1.9	19	950	1330
2.0	2.0	20	1000	1400
2.1	2.1	21	1050	1470
2.2	2.2	22	1100	1540
2.3	2.3	23	1150	1610
2.4	2.4	24	1200	1680
2.5	2.5	25	1250	1750
2.6	2.6	26	1300	1820
2.7	2.7	27	1350	1890
2.8	2.8	28	1400	1960
2.9	2.9	29	1450	2030
3.0	3.0	30	1500	2100
3.1	3.1	31	1550	2170
3.2	3.2	32	1600	2240
3.3	3.3	33	1650	2310
3.4	3.4	34	1700	2380
3.5	3.5	35	1750	2450
3.6	3.6	36	1800	2520

Quick Reference/Conversions

Beneficial Insects

 Aphid Predator Aphidius sp.	 Lacewing Chrysoperla rufilabris
 Lady Beetle Hippodamia convergens	 Mealybug Destroyer Montrouseri Cryprolaemus
 Minute Pirate Bug Orius sp.	 Predatory Mite Phytoseiulus persimillis
 Trichogramma spp.	 Whitefly Parasite Encarsia formosa
 Praying Mantis Tendora aridifolia sinensis	

Destructive Insects, Mites

 Aphid	 Aphid (winged)	 Bagworm Larva	 Billbug
 Cucumber Beetle	 Cyclamen Mite	 Earwig	 Fungus Gnat (Adult)
 Fungus Gnat (Larva)	 Lacebug	 Mealybug	 Rose Chafer
 Sowbug	 Spider Mite	 Spittlebug	 Thrips
 White Fly	 White Grub		

The NPK's of Growing

(N) NITROGEN

Nitrogen is essential for plant growth. Nitrogen is a part of every living cell. The two forms of nitrogen which plants take up are in the ammonia (NH₄) & nitrate (NO₃) ion forms. Most agronomic crops take up most of their nitrogen in the nitrate ion form. Plants will utilize N in the (NH₄) ion form if present and available to the plant.

Lack of nitrogen and chlorophyll means that plants cannot utilize sunlight as an energy source to carry on essential functions such as nutrient uptake. Research has proven foliar or leaf applications of nitrogen is one form of application that can supplement a plants nitrogen requirements during the growing cycle.

- *Nitrogen is necessary for chlorophyll synthesis and as a part of the chlorophyll molecule is involved in photosynthesis.
- *Nitrogen is also a component of amino acids.
- *Nitrogen is needed for growth of plants.

From the Greek words "nitron genes" meaning "nitre" and "forming" and the Latin word "nitrum". Discovered in Scotland by Daniel Rutherford in 1772.

(P) PHOSPHORUS

Phosphate is a very important plant nutrient (macro-nutrient) needed for the plant to complete its normal production cycle. The highest level of P in young plants is found in tissue at the growing stage. As plants mature most of the P moves into

the flower and then to the seed or fruit.

- *Phosphorus is needed for photosynthesis.
- *Phosphorus is necessary for plant respiration.
- *Phosphorus is essential for energy storage and transfer.

- *Phosphorus is needed for cell division.
- *Phosphorus is necessary for cell enlargement.
- *Phosphorus is essential for several other plant processes.

From the Greek word "phosphoros" meaning "bringer of light" (an ancient name for the planet Venus?). Discovered in Germany by Hennig Brand in 1669.

(K) POTASSIUM

An important function of Potassium is it's influence in efficient water use. It helps in the process of opening & closing of plant leaf pores, called the stomata. Potassium is found in cell walls which surround stomata. Adequate amounts of Potassium can increase stress conditions on plants during drought conditions. Potassium is also responsible for producing quality crops.

- *Potassium is essential for protein synthesis.
- *Potassium is important in the breakdown of carbohydrates, providing energy for plants.
- *Potassium helps to control ionic balance.
- *Potassium is important in the translocation of minerals.
- *Potassium helps plants to overcome effects of disease.

- *Potassium is essential in the fruit formation stage.
- *Potassium helps improve shelf life of fruits and vegetables.
- *Potassium is involved in the activation of more than 60 enzymes which regulate the rates of major plant growth reactions.

From the English word "potash" and the Arabic word "qali" meaning alkali ("K" comes from the Latin word "kalium"). Discovered in England by Sir Humphrey Davy in 1807.

Quick Reference/Conversions

Glossary of Horticultural Terms

ALTERNATING CURRENT (AC): AN ELECTRIC CURRENT THAT REVERSES ITS DIRECTION AT REGULAR OCCURRING INTERVALS. HOMES HAVE AC.

ACID: AN ACID OR SOUR SUBSTANCE HAS A PH BELOW 7

AERATION: SUPPLYING SOIL AND ROOTS WITH AIR OR OXYGEN.

AEROPONICS: GROWING PLANTS BY MISTING ROOTS SUSPENDED IN AIR.

ALKALINE: REFERS TO A SUBSTANCE WITH HIGH pH; ANY pH OVER 7 IS CONSIDERED ALKALINE.

ALL-PURPOSE (GENERAL-PURPOSE)

FERTILIZER: A BALANCED BLEND OF N-P-K; ALL PURPOSE FERTILIZER IS USED BY MOST GROWERS.

AMENDMENT: FORTIFYING SOIL BY ADDING ORGANIC OR MINERAL SUBSTANCES IN ORDER TO IMPROVE TEXTURE, NUTRIENT CONTENT OR BIOLOGICAL ACTIVITY.

AMPERE (AMP): THE UNIT USED TO MEASURE THE STRENGTH OF AN ELECTRIC CURRENT.

ANNUAL: A PLANT THAT NORMALLY COMPLETES IT ENTIRE LIFE CYCLE IN ONE YEAR OR LESS. TOMATOES ARE EXAMPLES OF ANNUAL PLANTS.

ARC: LUMINOUS DISCHARGE OF ELECTRICITY (LIGHT) BETWEEN TWO ELECTRODES.

ARC TUBE: A QUARTZ CONTAINER FOR LUMINOUS GASES ALSO HOUSES THE ARC IN HID LIGHTS.

AUXIN: CLASSIFICATION OF PLANT HORMONES; AUXINS ARE RESPONSIBLE FOR FOLIAGE AND ROOT ELONGATION.

BACTERIA: VERY SMALL, ONE-CELLED ORGANISMS.

BENEFICIAL INSECT: A GOOD INSECT THAT EATS BAD FLOWER AND VEGETABLE MUNCHING INSECTS.

BIODEGRADABLE: ABLE TO DECOMPOSE OR BREAK DOWN THROUGH NATURAL BACTERIAL OR FUNGAL ACTION, SUBSTANCES MADE OF ORGANIC MATTER ARE BIODEGRADABLE.

BOLT: TERM USED TO DESCRIBE A PLANT THAT HAS GONE TO SEED PREMATURELY.

BONSAI: A VERY SHORT OR DWARFED PLANT.

BREAKER BOX: ELECTRICAL CIRCUIT BOX HAVING ON/OFF SWITCHES RATHER THAN FUSES.

BREATHE: ROOTS DRAW IN OR BREATHE OXYGEN, STOMATA DRAW IN OR BREATHE CARBON DIOXIDE.

BUD BLIGHT: A WITHERING CONDITION THAT ATTACKS FLOWER BUDS.

BUFFERING: THE ABILITY OF A SUBSTANCE TO REDUCE SHOCK AND CUSHION AGAINST PH FLUCTUATIONS.

BULB: THE OUTER GLASS ENVELOPE OR JACKET THAT PROTECTS THE ARC TUBE OF AN HID LAMP.

BULBS: COMMON ARE TULIPS AND DAFFODILS PLANTED IN THE FALL FOR SPRING BLOOMS, OR FORCED INDOORS FOR WINTER BLOOMS.

CALYX: THE POD HARBORING FEMALE OVULE AND TWO PROTRUDING PISTILS, SEED POD.

CARBON DIOXIDE: (CO₂) A COLORLESS, ODORLESS, TASTELESS GAS IN THE AIR NECESSARY FOR PLANT LIFE AND BIOMASS

ACCUMULATION.

CARBOHYDRATE: NEUTRAL COMPOUND OF CARBON, HYDROGEN AND OXYGEN. SUGAR, STARCH AND CELLULOSE ARE CARBOHYDRATES.

CAUSTIC: CAPABLE OF DESTROYING, KILLING OR EATING AWAY BY CHEMICAL ACTIVITY.

CELL: THE BASE STRUCTURAL UNIT THAT PLANTS ARE MADE OF; CELLS CONTAIN A NUCLEUS, THAT HOUSES IT'S DNA.

CELLULOSE: A COMPLEX CARBOHYDRATE THAT STIFFENS A PLANTS TISSUE.

CFM: CUBIC FEET PER MINUTE.

CHELATE: COMBINING NUTRIENTS IN AN ATOMIC RING THAT IS EASY FOR PLANTS TO ABSORB.

CHLORINE: CHEMICAL USED TO PURIFY WATER.

CHLOROPLAST: CONTAINING CHLOROPHYLL.

CHLOROSIS: THE CONDITION OF A SICK PLANT WITH YELLOWING LEAVES DUE TO INADEQUATE FORMATION OF CHLOROPHYLL. CHLOROSIS IS CAUSED BY NUTRIENT DEFICIENCY, USUALLY IRON OR IMBALANCED PH.

CLAY: SOIL MADE OF VERY FINE ORGANIC MINERAL PARTICLES. CLAY IS NOT SUITABLE FOR CONTAINER GARDENING.

CLIMATE: THE AVERAGE CONDITION OF THE WEATHER IN A GARDEN ROOM OR OUTDOORS.

COLOR SPECTRUM: THE BAND OF COLORS (MEASURED IN NM) EMITTED BY A LIGHT SOURCE.

COLOR TEMPERATURE: THE RELATIVE WHITENESS OF A PIECE OF TUNGSTEN STEEL HEATED TO THAT TEMPERATURE IN DEGREES KELVIN.

COLOR TRACER: A COLORING AGENT ADDED TO MANY COMMERCIAL FERTILIZERS, SO THE HORTICULTURIST KNOWS THERE IS FERTILIZER IN THE SOLUTION.

COMPACTION: SOIL CONDITION THAT RESULTS FROM TIGHTLY PACKING SOIL; COMPACTED SOIL ALLOWS FOR ONLY MARGINAL AERATION AND ROOT PENETRATION.

COMPANION PLANTING: PLANTING GARLIC, MARIGOLDS, ETC., ALONG WITH OTHER PLANTS TO DISCOURAGE INSECT INFESTATION.

COMPOST: A MIXTURE OF DECAYED ORGANIC MATTER.

CORE: THE TRANSFORMER IN THE BALLAST IS REFERRED TO AS THE CORE IN HID LIGHTING SYSTEMS.

CORMS, RHIZOMES AND TUBERS: DORMANT STEMS PLANTED IN THE FALL FOR SPRING BLOOMS, OR FORCED INDOORS FOR WINTER BLOOMS. COMMON VARIETIES ARE DAHLIAS AND IRISES.

COTYLEDON: ENERGY STORAGE COMPONENTS OF A SEED THAT FEED THE PLANT BEFORE THE EMERGENCE OF ITS FIRST TRUE LEAVES.

CROSS-POLLINATE: POLLINATING TWO PLANTS HAVING DIFFERENT ANCESTRY.

CUBIC FOOT: VOLUME MEASUREMENT IN FEET: L" X W" X H" ÷ 1728" = CU. FT.

CUTTING: (1) GROWING TIP CUT FROM A PARENT PLANT FOR ASEXUAL PROPAGATION (2) CLONE.

DAMPING-OFF: DISEASE THAT ATTACKS YOUNG SEEDLINGS AND CUTTINGS

CAUSING STEM TO ROT AT BASE.

DIRECT CURRENT (DC): AN ELECTRIC CURRENT THAT FLOWS IN ONLY ONE DIRECTION.

DEplete: EXHAUST SOIL OF NUTRIENTS, MAKING IT INFERTILE.

DESICCATE: CAUSE TO DRY UP. INSECTICIDAL SOAP DESICCATES ITS VICTIMS.

DIOECIOUS: HAVING DISTINCT MALE AND FEMALE ORGANS ON DIFFERENT PLANTS WITHIN THE SAME SPECIES.

DOMe: THE PART OF THE HID OUTER BULB OPPOSITE THE NECK AND THREADS.

DOMe SUPPORT: THE SPRING LIKE BRACKETS THAT MOUNT THE ARC TUBE WITHIN THE OUTER ENVELOPE.

DRAINAGE: WAY TO EMPTY SOIL OF EXCESS WATER; WITH GOOD DRAINAGE, WATER PASSES THROUGH SOIL EVENLY.

DRIP LINE: A LINE AROUND A PLANT DIRECTLY UNDER ITS OUTERMOST BRANCH TIPS; ROOTS SELDOM GROW BEYOND THE DRIP LINE.

DRIP SYSTEM: A VERY EFFICIENT WATERING SYSTEM THAT EMPLOYS A MAIN HOSE WITH SMALL WATER EMITTERS.

DRY ICE: A COLD, WHITE SUBSTANCE FORMED WHEN CARBON DIOXIDE IS COMPRESSED AND COOLED; DRY ICE CHANGES INTO CO₂ GAS AT ROOM TEMPERATURE.

ELECTRODE: A CONDUCTOR USED TO ESTABLISH ELECTRICAL ARC OR CONTACT WITH NON-METALLIC PART OF CIRCUIT.

ELONGATE: GROWTH IN LENGTH.

ENVELOPE: OUTER PROTECTIVE BULB OR JACKET OF A LAMP.

EQUINOX: THE POINT AT WHICH THE SUN CROSSES THE EQUATOR AND DAY AND NIGHT ARE EACH 12 HOURS LONG; THE EQUINOX OCCURS TWICE A YEAR, IN SPRING AND FALL.

FEED: DELIVER NUTRIENT TO THE PLANT VIA ROOTS OR FOLIAGE.

FEMALE: PISTILLATE, OVULE, SEED-PRODUCING.

FERTIGATE: TO FERTILIZE AND IRRIGATE AT THE SAME TIME.

FERTILIZER BURN: OVER FERTILIZATION: FIRST LEAF TIPS BURN (TURN BROWN) THEN THE LEAVES CURL.

FLAT: SHALLOW (THREE INCH) DEEP CONTAINER, OFTEN 18 BY 24 OR 10 BY 20 INCHES WITH GOOD DRAINAGE, USED TO START SEEDLINGS OR CUTTINGS.

FLUORESCENT LAMP: ELECTRIC LAMP USING A TUBE FILLED WITH FLUORESCENT MATERIAL, WHICH HAS A LOW HEAT OUTPUT.

FOLIAGE: THE LEAVES OR MORE GENERALLY, THE GREEN PART OF A PLANT.

FOLIAR FEEDING: MISTING FERTILIZER SOLUTION WHICH IS ABSORBED BY THE FOLIAGE. BEST TO DO WHEN FIRST TURNING ON YOUR LIGHTS.

FOOT-CANDLE: THE UNIT IS DEFINED AS THE AMOUNT OF ILLUMINATION THAT THE SURFACE OF AN IMAGINARY 1-FOOT RADIUS SPHERE WOULD BE RECEIVING IF THERE WERE A UNIFORM POINT SOURCE OF ONE CANDLE IN THE EXACT CENTER OF THE SPHERE. THE FOOT-CANDLE IS EQUAL TO ONE LUMEN PER SQUARE FOOT. FOOT-CANDLE IS A DERIVED UNIT OF ILLUMINANCE FROM LUX. ONE FOOT-

CANDLE IS EQUAL TO 10.76 LUX.

FUNGISTAT: A PRODUCT THAT INHIBITS FUNGUS KEEPING IT IN CHECK.

FUNGUS: A LOWER PLANT LACKING CHLOROPHYLL WHICH MAY ATTACK GREEN PLANTS; MOLD, RUST, MILDEW.

FUSE: ELECTRICAL SAFETY DEVICE CONSISTING OF A METAL THAT MELTS AND INTERRUPTS THE CIRCUIT WHEN CIRCUIT IS OVERLOADED.

FUSE BOX: BOX CONTAINING FUSES THAT CONTROL ELECTRICAL CIRCUITS.

GPM: GALLONS PER MINUTE.

GENE: PART OF A CHROMOSOME THAT INFLUENCES THE DEVELOPMENT OF PLANT; GENES ARE INHERITED THROUGH SEXUAL PROPAGATION.

GENETIC MAKE UP: THE SET OF GENES INHERITED FROM PARENT PLANTS.

HALIDE: BINARY COMPOUND OF A (HALOGENS) WITH AN ELECTROPOSITIVE ELEMENTS.

HERMAPHRODITE: ONE PLANT HAVING BOTH MALE AND FEMALE ORGANS; THE BREEDING OF HERMAPHRODITES IS HARD TO CONTROL.

HERTZ (HZ): A UNIT OF FREQUENCY THAT CYCLES ONE TIME EACH SECOND; A HOME WITH 60 HERTZ AC CURRENT CYCLES 60 TIMES PER SECOND.

HID: HIGH INTENSITY DISCHARGE.

HONEY DEW: A STICKY, HONEY LIKE SUBSTANCE SECRETED INTO FOLIAGE BY APHIDS, SCALE AND MEALY BUGS.

HOOD: REFLECTIVE COVER OF A HID LAMP.

HOR: THE ABBREVIATION STAMPED ON SOME HID BULBS MEANING THEY MUST BE BURNED IN A HORIZONTAL POSITION.

HORIZONTAL: PARALLEL TO THE HORIZON, GROUND OR FLOOR.

HORMONE: CHEMICAL SUBSTANCE THAT CONTROLS THE GROWTH AND DEVELOPMENT OF A PLANT. ROOT-INDUCING HORMONES HELP CUTTINGS ROOT.

HUMIDITY: (RELATIVE): RATIO BETWEEN THE AMOUNT OF MOISTURE IN THE AIR AND THE GREATEST AMOUNT OF MOISTURE THE AIR COULD HOLD AT THE SAME TEMPERATURE.

HUMUS: DARK, FERTILE, PARTIALLY DECOMPOSED PLANT OR ANIMAL MATTER; HUMUS FORMS THE ORGANIC PORTION OF THE SOIL.

HYBRID: AN OFFSPRING FROM TWO PLANTS OF DIFFERENT BREEDS, VARIETY OR GENETIC MAKE UP.

HYDRATED LIME: INSTANTLY SOLUBLE LIME, USED TO RAISE PH OR SWEETEN SOIL.

HYDROGEN: LIGHT OR COLORLESS, ODORLESS GAS; HYDROGEN COMBINES WITH OXYGEN TO FORM WATER.

HYGROMETER: INSTRUMENT FOR MEASURING RELATIVE HUMIDITY IN THE ATMOSPHERE.

INBRED: (TRUE BREED) OFFSPRING OF PLANTS OF THE SAME BREED OR ANCESTRY.

INERT: CHEMICALLY NON-REACTIVE; INERT GROWING MEDIUMS MAKE IT EASY TO CONTROL THE CHEMISTRY OF THE NUTRIENT SOLUTION.

INTENSITY: THE MAGNITUDE OF THE LIGHT ENERGY PER UNIT; INTENSITY DIMINISHES THE FARTHER AWAY FROM THE SOURCE.

JACKET: PROTECTIVE OUTER BULB OR ENVELOPE OF LAMP.

Quick Reference/Conversions

KILOWATT HOUR: MEASURE OF ELECTRICITY USED PER HOUR; A 1000-WATT HID USES ONE KILOWATT IN ONE HOUR.

LACEWING: BENEFICIAL INSECTS THAT PREYS ON APHIDS.

LEACH: DISSOLVE OR WASH OUT SOLUBLE COMPONENTS OF SOIL BY HEAVY WATERING.

LEAF CURL: LEAF MALFORMATION DUE TO OVER-WATERING, OVER FERTILIZATION, LACK OF MAGNESIUM, INSECT OR FUNGUS DAMAGE OR NEGATIVE TROPISM.

LEAFLET: SMALL IMMATURE LEAF.

LEAVES: THE EXTERNAL PART OF A PLANT ATTACHED TO BRANCHES AND STEMS FOR THE PURPOSE OF TAKING IN LIGHT FROM THE SUN'S ENERGY. THEY DO THIS WITH CHLOROPLASTS IN THE CELLS WHICH CONTAIN CHLOROPHYLL.

LEGGY: ABNORMALLY TALL INTERNODE SPACE, WITH SPARSE FOLIAGE. LEGGYNES OF A PLANT IS USUALLY CAUSED BY LACK OF BLUE LIGHT OR CO₂. TOO MUCH NITROGEN CAN ALSO CAUSE THIS.

LIFE CYCLE: A SERIES OF GROWTH STAGES THROUGH WHICH A PLANT MUST PASS IN ITS NATURAL LIFETIME; THE STAGES FOR AN ANNUAL PLANT ARE SEED, SEEDLING, VEGETATIVE AND FLORAL.

LIGHT MOVER: A DEVICE THAT MOVES A LAMP BACK AND FORTH OR IN A CIRCLE ACROSS THE CEILING OF A GARDEN ROOM TO PROVIDE MORE EVEN DISTRIBUTION OF LIGHT.

LIME: USED IN THE FORM OF DOLOMITE OR HYDRATED LIME TO RAISE AND STABILIZE SOIL pH.

LITMUS PAPER: CHEMICALLY SENSITIVE PAPER USED FOR TESTING pH.

LOAM: ORGANIC SOIL MIXTURE OF CRUMBLY CLAY, SILT AND SAND.

LUMEN: MEASUREMENT OF LIGHT OUTPUT: ONE LUMEN IS EQUAL TO THE INTENSITY OF LIGHT EMITTED BY ONE CANDLE THAT FALLS ON ONE SQUARE FOOT OF SURFACE LOCATED ONE FOOT AWAY FROM ONE CANDLE.

MACRO NUTRIENT: ONE OR ALL OF THE PRIMARY NUTRIENTS N-P-K OR THE SECONDARY NUTRIENTS MAGNESIUM AND CALCIUM.

MEAN: AVERAGE THROUGHOUT LIFE; HID'S ARE RATED IN MEAN LUMENS.

MERISTEM: TIP OF PLANTS GROWTH.

MICRO NUTRIENT: ALSO REFERRED TO AS TRACE ELEMENTS, INCLUDING S, FE, Mn, B, Mo, Zn, AND Cu.

MILLIMETER: THOUSANDTH OF A METER APPROXIMATELY .04 INCH

MOISTURE METER: AN ELECTRONIC DEVICE THAT MEASURES THE EXACT MOISTURE CONTENT OF SOIL AT ANY GIVEN POINT.

MONOCHROMATIC: PRODUCING ONLY ONE COLOR; LP SODIUM LAMPS ARE MONOCHROMATIC.

MULCH: A PROTECTIVE COVERING OF ORGANIC COMPOST, LEAVES, ETC.; INDOORS, MULCH KEEPS SOIL TOO MOIST AND POSSIBLE FUNGUS COULD RESULT.

NANOMETER: .00000001 METER, NM IS USED AS A SCALE TO MEASURE WAVE LENGTHS OF LIGHT; COLOR AND LIGHT SPECTRUMS ARE EXPRESSED IN NANOMETERS (NM).

NECROSIS: LOCALIZED DEATH OF A PLANT PART.

NECK: TUBULAR GLASS END OF THE HID BULB, ATTACHED TO THE THREADS.

NUTRIENT: PLANT FOOD, ESSENTIAL ELEMENTS N-P-K, SECONDARY AND TRACE

ELEMENTS FUNDAMENTAL TO PLANT LIFE.

OHM'S POWER LAW: A LAW THAT EXPRESSES THE STRENGTH OF AN ELECTRIC CURRENT; VOLTS TIMES AMPERES EQUALS WATTS.

ORGANIC: MADE OF, OR DERIVED FROM OR RELATED TO LIVING ORGANISMS. IN AGRICULTURE ORGANIC MEANS "NATURAL". IN CHEMISTRY ORGANIC MEANS "A MOLECULE OR SUBSTANCE THAT CONTAINS CARBON".

OVULE: A PLANT'S EGG FOUND WITHIN THE CALYX, IT CONTAINS ALL THE FEMALE GENES; WHEN FERTILIZED, AN OVULE WILL GROW INTO A SEED.

OXYGEN: TASTELESS, COLORLESS ELEMENT, NECESSARY IN SOIL TO SUSTAIN PLANT LIFE AS WELL AS ANIMAL LIFE.

PARASITE: ORGANISM THAT LIVES ON OR IN ANOTHER HOST ORGANISM; FUNGUS IS A PARASITE.

PEAT: PARTIALLY DECOMPOSED VEGETATION (USUALLY MOSS) WITH SLOW DECAY DUE TO EXTREME MOISTURE AND COLD.

PERENNIAL: A PLANT, SUCH AS A TREE OR SHRUB, WHICH COMPLETES ITS LIFE CYCLE OVER SEVERAL YEARS.

pH: A SCALE FROM 1 TO 14 THAT MEASURES THE ACID TO ALKALINE BALANCE OF A GROWING MEDIUM (OR ANYTHING); IN GENERAL PLANTS GROW BEST IN A RANGE OF 5.5 TO 6.8 pH.

pH TESTER: ELECTRONIC INSTRUMENT OR CHEMICAL USED TO FIND WHERE SOIL OR WATER IS ON THE pH SCALE.

PHOTOMETRICS: THE STUDY OF LIGHT, ESPECIALLY COLOR.

PHOSPHOR COATING: INTERNAL BULB COATING THAT DIFFUSES LIGHT AND IS RESPONSIBLE FOR VARIATIONS IN COLOR OUTPUTS.

PHOTOPERIOD: THE RELATIONSHIP BETWEEN THE LENGTH OF LIGHT AND DARK IN A 24 HOUR PERIOD.

PHOTOSYNTHESIS: THE BUILDING OF CHEMICAL COMPOUNDS (CARBOHYDRATES) FROM LIGHT ENERGY, WATER AND CARBON DIOXIDE.

PHOTOTROPISM: THE SPECIFIC MOVEMENT OF A PLANT PART TOWARDS A LIGHT SOURCE.

PIGMENT: THE SUBSTANCE IN PAINT OR ANYTHING THAT ABSORBS LIGHT, PRODUCING (REFLECTING) THE SAME COLOR.

POLLEN: FINE, DUST LIKE MICRO-SPORES CONTAINING MALE GENES.

POWER SURGE: INTERRUPTION OR CHANGE IN INTENSITY OF ELECTRICITY.

PRIMARY NUTRIENTS: N-P-K

PROPAGATE: (1) SEXUAL: PRODUCE A SEED BY BREEDING DIFFERENT MALE AND FEMALE FLOWERS (2) ASEQUAL: TO PRODUCE A PLANT BY TAKING CUTTINGS.

PRUNE: ALTER THE SHAPE AND GROWTH PATTERN OF A PLANT BY CUTTING STEMS AND SHOOTS.

PVC PIPE: PLASTIC (POLYVINYL CHLORIDE) PIPE THAT IS EASY TO WORK WITH, READILY AVAILABLE AND USED TO PIPE WATER INTO A GARDEN ROOM.

PYRETHRUM: NATURAL INSECTICIDE MADE FROM THE BLOSSOMS OF VARIOUS CHRYSANTHEMUMS.

ROOT BOUND: ROOTS STIFLED OR INHIBITED FROM NORMAL GROWTH, BY THE CONFINES OF A CONTAINER.

ROOTS: THEIR PURPOSE IS TO ANCHOR A PLANT AND PROVIDE A MEANS IN WHICH TO FEED AND HYDRATE A PLANT.

REJUVENATE: RESTORE YOUTH;

A MATURE PLANT, HAVING COMPLETED ITS LIFE CYCLE (FLOWERING), MAY BE STIMULATED BY A NEW 18 HOUR PHOTO PERIOD, TO REJUVENATE OR PRODUCE NEW VEGETATIVE GROWTH.

SALT: CRYSTALLINE COMPOUND THAT RESULTS FROM IMPROPER pH OR TOXIC BUILDUP OF FERTILIZER. SALT WILL BURN PLANTS, PREVENTING THEM FROM ABSORBING NUTRIENTS.

SECONDARY NUTRIENTS: CALCIUM (CA) AND MAGNESIUM (MG).

SEED POD: A DRY CALYX CONTAINING A MATURE OR MATURING SEED.

SHORT CIRCUIT: CONDITION THAT RESULTS WHEN WIRES CROSS AND FORM A CIRCUIT. A SHORT CIRCUIT WILL BLOW FUSES.

SOCKET: THREADED, WIRED RECEPTACLE FOR A BULB.

SOLUBLE: ABLE TO BE DISSOLVED IN WATER.

SPORE: SEED LIKE OFFSPRING OF A FUNGUS.

SPROUT: (1) A RECENTLY GERMINATED SEED

(2) SMALL NEW GROWTH OF A LEAF OR STEM.

SQUARE FEET (SQ FT): LENGTH (IN FEET)

TIMES WIDTH EQUALS SQUARE FEET.

STAMEN: MALE, POLLEN-PRODUCING.

STARCH: COMPLEX CARBOHYDRATE; STARCH IS MANUFACTURED AND STORED IN FOOD.

STERILIZE: MAKE STERILE (SUPER CLEAN) BY REMOVING DIRT, GERMS AND BACTERIA.

STROBOSCOPIC EFFECT: A QUICK PULSATING OR FLASHING OF A LAMP.

STRESS: A PHYSICAL OR CHEMICAL FACTOR THAT CAUSES EXTRA EXERTION BY PLANTS; A STRESSED PLANT WILL NOT GROW AS WELL AS A NON STRESSED PLANT.

STOMATA: SMALL MOUTH LIKE OR NOSE LIKE OPENINGS (PORES) ON LEAF UNDERSIDE, RESPONSIBLE FOR TRANSPIRATION AND MANY OTHER LIFE FUNCTIONS; THE MILLIONS OF STOMATA, MUST BE KEPT VERY CLEAN TO FUNCTION PROPERLY.

SUGAR: FOOD PRODUCT OF PLANT.

CARBOHYDRATES THAT CONTAIN HYDROCARBON CHAIN.

SYNTHESIS: PRODUCTION OF A SUBSTANCE, SUCH AS CHLOROPHYLL, BY UNITING LIGHT ENERGY AND ELEMENTS OR CHEMICAL COMPOUNDS.

TAP ROOT: THE MAIN OR PRIMARY ROOT THAT GROWS FROM THE SEED; LATERAL ROOTS WILL BRANCH OFF THE TAP ROOT.

TEPID: WARM 70 TO 80 DEGREES F (21 TO 27 DEGREES C); ALWAYS USE TEPID WATER AROUND PLANTS TO FACILITATE CHEMICAL PROCESSES AND EASE SHOCK.

TERMINAL BUD: BUD AT THE GROWING END OF THE MAIN STEM.

THIN: CULL OR WEED OUT WEAK, SLOW GROWING SEEDLINGS.

TRANSFORMER: A DEVICE IN THE BALLAST THAT TRANSFORMS ELECTRIC POWER FROM ONE VOLTAGE TO ANOTHER.

TRANSPIRE: GIVE OFF WATER VAPOR AND BI-PRODUCTS VIA STOMATA AND CARBON DIOXIDE INTAKE AT THE LEAVES.

TRELLIS: FRAME OR NETTING (LATTICE) THAT TRAINS OR SUPPORTS PLANTS.

TUNGSTEN: A HEAVY, HARD METAL WITH HIGH MELTING POINT WHICH CONDUCTS ELECTRICITY WELL; TUNGSTEN IS USED FOR A FILAMENT IN TUNGSTEN HALOGEN AND INCANDESCENT LAMPS.

ULTRAVIOLET: LIGHT WITH VERY SHORT WAVE LENGTHS, OUT OF THE VISIBLE SPECTRUM, PAST THE BLUE-VIOLET.

VARIETY: STRAIN, PHENOTYPE.

VENT: OPENING SUCH AS A WINDOW OR DOOR THAT ALLOWS THE CIRCULATION OF FRESH AIR.

VENTILATION: CIRCULATION OF FRESH AIR, FUNDAMENTAL TO A HEALTHY INDOOR GARDEN, AN EXHAUST FAN CREATES EXCELLENT VENTILATION.

VERTICAL: UP AND DOWN PERPENDICULAR TO THE HORIZONTAL.

WETTING AGENT: COMPOUND THAT REDUCES THE DROPLET SIZE AND LOWERS THE SURFACE TENSION OF THE WATER, MAKING IT WETTER.

WICK: PART OF A PASSIVE HYDROPONIC SYSTEM USING A WICK SUSPENDED IN THE NUTRIENT SOLUTION, THE NUTRIENTS PASS UP THE WICK AND ARE ABSORBED BY THE MEDIUM AND ROOTS.

Power Cost Estimation Guide

USE THIS HANDY GUIDE TO FIGURE OUT THE COST OF USING VARIOUS WATT FIXTURES.

POWER CONSUMPTION

On average a light system will increase your electricity cost from \$8 to \$20 per month—the exact amount depends on the size of the system and the number of hours operated. However, since these grow lights are so energy efficient, you are getting huge amounts of light (and growing power) for your money! Make sure your grow room's power circuit can handle the power draw. For safety reasons, do not exceed 75% of the rated ability of the fuse/breaker (for example: use no more than 15 amps on a 20-amp circuit). To

calculate your cost, multiply the bulb wattage X hours of operation and divide by 1000. This figure is the number of kilowatt hours of electricity consumed. (Example: a 400 watt bulb running for 18 hours will use 7.2 kilowatt hours). Check your power bill for the cost of each kilowatt hour. Then multiply the number of kilowatt hours by the cost of a kilowatt hour (K/hr) to arrive at the cost per month to run the light in your area.

POWER COST ESTIMATION GUIDE PER MONTH (ASSUMES 30 DAY MONTH)

96 WATT LIGHTING FIXTURE

COST PER KW/HR	4¢	6¢	8¢	10¢	12¢	14¢	16¢	18¢	20¢	22¢	24¢	26¢
HRS. PER DAY X 30 DAYS	EXAMPLE: 6 HRS X 104 WATTS* ÷ 1000 X \$.04 PER KWH X 30 DAYS = \$.75											
6 HRS X 30 DAYS	\$0.75	\$1.12	\$1.50	\$1.87	\$2.25	\$2.62	\$3.00	\$3.37	\$3.74	\$4.12	\$4.49	\$4.87
8 HRS X 30 DAYS	\$1.00	\$1.50	\$2.00	\$2.50	\$3.00	\$3.49	\$3.99	\$4.49	\$4.99	\$5.49	\$5.99	\$6.49
10 HRS X 30 DAYS	\$1.25	\$1.87	\$2.50	\$3.12	\$3.74	\$4.37	\$4.99	\$5.62	\$6.24	\$6.86	\$7.49	\$8.11
12 HRS X 30 DAYS	\$1.50	\$2.25	\$3.00	\$3.74	\$4.49	\$5.24	\$5.99	\$6.74	\$7.49	\$8.24	\$8.99	\$9.73
14 HRS X 30 DAYS	\$1.75	\$2.62	\$3.49	\$4.37	\$5.24	\$6.12	\$6.99	\$7.86	\$8.74	\$9.61	\$10.48	\$11.36
16 HRS X 30 DAYS	\$2.00	\$3.00	\$3.99	\$4.99	\$5.99	\$6.99	\$7.99	\$8.99	\$9.98	\$10.98	\$11.98	\$12.98
18 HRS X 30 DAYS	\$2.25	\$3.37	\$4.49	\$5.62	\$6.74	\$7.86	\$8.99	\$10.11	\$11.23	\$12.36	\$13.48	\$14.60

* A 96 watt lighting fixture uses 104 watts per hour. For use with the New Wave® 24, Sun Blaze® 24 and Tek-Light™ 24.

POWER COST ESTIMATION GUIDE PER MONTH (ASSUMES 30 DAY MONTH)

108 WATT LIGHTING FIXTURE

COST PER KW/HR	4¢	6¢	8¢	10¢	12¢	14¢	16¢	18¢	20¢	22¢	24¢	26¢
HRS. PER DAY X 30 DAYS	EXAMPLE: 6 HRS X 117 WATTS* ÷ 1000 X \$.04 PER KWH X 30 DAYS = \$.84											
6 HRS X 30 DAYS	\$0.84	\$1.26	\$1.68	\$2.11	\$2.53	\$2.95	\$3.37	\$3.79	\$4.21	\$4.63	\$5.05	\$5.48
8 HRS X 30 DAYS	\$1.12	\$1.68	\$2.25	\$2.81	\$3.37	\$3.93	\$4.49	\$5.05	\$5.62	\$6.18	\$6.74	\$7.30
10 HRS X 30 DAYS	\$1.40	\$2.11	\$2.81	\$3.51	\$4.21	\$4.91	\$5.62	\$6.32	\$7.02	\$7.72	\$8.42	\$9.13
12 HRS X 30 DAYS	\$1.68	\$2.53	\$3.37	\$4.21	\$5.05	\$5.90	\$6.74	\$7.58	\$8.42	\$9.27	\$10.11	\$10.95
14 HRS X 30 DAYS	\$1.97	\$2.95	\$3.93	\$4.91	\$5.90	\$6.88	\$7.86	\$8.85	\$9.83	\$10.81	\$11.79	\$12.78
16 HRS X 30 DAYS	\$2.25	\$3.37	\$4.49	\$5.62	\$6.74	\$7.86	\$8.99	\$10.11	\$11.23	\$12.36	\$13.48	\$14.60
18 HRS X 30 DAYS	\$2.53	\$3.79	\$5.05	\$6.32	\$7.58	\$8.85	\$10.11	\$11.37	\$12.64	\$13.90	\$15.16	\$16.43

* A 108 watt lighting fixture uses 117 watts per hour. For use with the Tek-Light™ 42, New Wave® 42 & Ready Fit® 4 ft.

POWER COST ESTIMATION GUIDE PER MONTH (ASSUMES 30 DAY MONTH)

216 WATT LIGHTING FIXTURE

COST PER KW/HR	4¢	6¢	8¢	10¢	12¢	14¢	16¢	18¢	20¢	22¢	24¢	26¢
HRS. PER DAY X 30 DAYS	EXAMPLE: 6 HRS X 234 WATTS* ÷ 1000 X \$.04 PER KWH X 30 DAYS = \$ 1.68											
6 HRS X 30 DAYS	\$1.68	\$2.53	\$3.37	\$4.21	\$5.05	\$5.90	\$6.74	\$7.58	\$8.42	\$9.27	\$10.11	\$10.95
8 HRS X 30 DAYS	\$2.25	\$3.37	\$4.49	\$5.62	\$6.74	\$7.86	\$8.99	\$10.11	\$11.23	\$12.36	\$13.48	\$14.60
10 HRS X 30 DAYS	\$2.81	\$4.21	\$5.62	\$7.02	\$8.42	\$9.83	\$11.23	\$12.64	\$14.04	\$15.44	\$16.85	\$18.25
12 HRS X 30 DAYS	\$3.37	\$5.05	\$6.74	\$8.42	\$10.11	\$11.79	\$13.48	\$15.16	\$16.85	\$18.53	\$20.22	\$21.90
14 HRS X 30 DAYS	\$3.93	\$5.90	\$7.86	\$9.83	\$11.79	\$13.76	\$15.72	\$17.69	\$19.66	\$21.62	\$23.59	\$25.55
16 HRS X 30 DAYS	\$4.49	\$6.74	\$8.99	\$11.23	\$13.48	\$15.72	\$17.97	\$20.22	\$22.46	\$24.71	\$26.96	\$29.20
18 HRS X 30 DAYS	\$5.05	\$7.58	\$10.11	\$12.64	\$15.16	\$17.69	\$20.22	\$22.74	\$25.27	\$27.80	\$30.33	\$32.85

* A 216 watt lighting fixture uses 234 watts per hour. For use with Tek-Light™ 44, New Wave® 44 & Sun Blaze® 44.

POWER COST ESTIMATION GUIDE PER MONTH (ASSUMES 30 DAY MONTH)

250 WATT LIGHTING FIXTURE

COST PER KW/HR	4¢	6¢	8¢	10¢	12¢	14¢	16¢	18¢	20¢	22¢	24¢	26¢
HRS. PER DAY X 30 DAYS	EXAMPLE: 6 HRS X 275 WATTS* ÷ 1000 X \$.04 PER KWH X 30 DAYS = \$ 1.98											
6 HRS X 30 DAYS	\$1.98	\$2.97	\$3.96	\$4.95	\$5.94	\$6.93	\$7.92	\$8.91	\$9.90	\$10.89	\$11.88	\$12.87
8 HRS X 30 DAYS	\$2.64	\$3.96	\$5.28	\$6.60	\$7.92	\$9.24	\$10.56	\$11.88	\$13.20	\$14.52	\$15.84	\$17.16
10 HRS X 30 DAYS	\$3.30	\$4.95	\$6.60	\$8.25	\$9.90	\$11.55	\$13.20	\$14.85	\$16.50	\$18.15	\$19.80	\$21.45
12 HRS X 30 DAYS	\$3.96	\$5.94	\$7.92	\$9.90	\$11.88	\$13.86	\$15.84	\$17.82	\$19.80	\$21.78	\$23.76	\$25.74
14 HRS X 30 DAYS	\$4.62	\$6.93	\$9.24	\$11.55	\$13.86	\$16.17	\$18.48	\$20.79	\$23.10	\$25.41	\$27.72	\$30.03
16 HRS X 30 DAYS	\$5.28	\$7.92	\$10.56	\$13.20	\$15.84	\$18.48	\$21.12	\$23.76	\$26.40	\$29.04	\$31.68	\$34.32
18 HRS X 30 DAYS	\$5.94	\$8.91	\$11.88	\$14.85	\$17.82	\$20.79	\$23.76	\$26.73	\$29.70	\$32.67	\$35.64	\$38.61

* A 250 watt lighting fixture uses 275 watts per hour. For use with Sun System® 1, 2, & and Spectra Max 246.

400 WATT LIGHTING FIXTURE

POWER COST ESTIMATION GUIDE PER MONTH (ASSUMES 30 DAY MONTH)

COST PER KW/HR	4¢	6¢	8¢	10¢	12¢	14¢	16¢	18¢	20¢	22¢	24¢	26¢
HRS. PER DAY X 30 DAYS	EXAMPLE: 6 HRS X 460 WATTS* ÷ 1000 X \$.04 PER KWH X 30 DAYS = \$ 3.31											
6 HRS X 30 DAYS	\$3.31	\$4.97	\$6.62	\$8.28	\$9.94	\$11.59	\$13.25	\$14.90	\$16.56	\$18.22	\$19.87	\$21.53
8 HRS X 30 DAYS	\$4.42	\$6.62	\$8.83	\$11.04	\$13.25	\$15.46	\$17.66	\$19.87	\$22.08	\$24.29	\$26.50	\$28.70
10 HRS X 30 DAYS	\$5.52	\$8.28	\$11.04	\$13.80	\$16.56	\$19.32	\$22.08	\$24.84	\$27.60	\$30.36	\$33.12	\$35.88
12 HRS X 30 DAYS	\$6.62	\$9.94	\$13.25	\$16.56	\$19.87	\$23.18	\$26.50	\$29.81	\$33.12	\$36.43	\$39.74	\$43.06
14 HRS X 30 DAYS	\$7.73	\$11.59	\$15.46	\$19.32	\$23.18	\$27.05	\$30.91	\$34.78	\$38.64	\$42.50	\$46.37	\$50.23
16 HRS X 30 DAYS	\$8.83	\$13.25	\$17.66	\$22.08	\$26.50	\$30.91	\$35.33	\$39.74	\$44.16	\$48.58	\$52.99	\$57.41
18 HRS X 30 DAYS	\$9.94	\$14.90	\$19.87	\$24.84	\$29.81	\$34.78	\$39.74	\$44.71	\$49.68	\$54.65	\$59.62	\$64.58

*** A 400 watt lighting fixture uses 460 watts per hour. For use with Sun System® 1, 2, 6, 10, Harvest Pro™ & Elite.**

432 WATT LIGHTING FIXTURE

POWER COST ESTIMATION GUIDE PER MONTH (ASSUMES 30 DAY MONTH)

COST PER KW/HR	4¢	6¢	8¢	10¢	12¢	14¢	16¢	18¢	20¢	22¢	24¢	26¢
HRS. PER DAY X 30 DAYS	EXAMPLE: 6 HRS X 468 WATTS* ÷ 1000 X \$.04 PER KWH X 30 DAYS = \$ 3.37											
6 HRS X 30 DAYS	\$3.37	\$5.05	\$6.74	\$8.42	\$10.11	\$11.79	\$13.48	\$15.16	\$16.85	\$18.53	\$20.22	\$21.90
8 HRS X 30 DAYS	\$4.49	\$6.74	\$8.99	\$11.23	\$13.48	\$15.72	\$17.97	\$20.22	\$22.46	\$24.71	\$26.96	\$29.20
10 HRS X 30 DAYS	\$5.62	\$8.42	\$11.23	\$14.04	\$16.85	\$19.66	\$22.46	\$25.27	\$28.08	\$30.89	\$33.70	\$36.50
12 HRS X 30 DAYS	\$6.74	\$10.11	\$13.48	\$16.85	\$20.22	\$23.59	\$26.96	\$30.33	\$33.70	\$37.07	\$40.44	\$43.80
14 HRS X 30 DAYS	\$7.86	\$11.79	\$15.72	\$19.66	\$23.59	\$27.52	\$31.45	\$35.38	\$39.31	\$43.24	\$47.17	\$51.11
16 HRS X 30 DAYS	\$8.99	\$13.48	\$17.97	\$22.46	\$26.96	\$31.45	\$35.94	\$40.44	\$44.93	\$49.42	\$53.91	\$58.41
18 HRS X 30 DAYS	\$10.11	\$15.16	\$20.22	\$25.27	\$30.33	\$35.38	\$40.44	\$45.49	\$50.54	\$55.60	\$60.65	\$65.71

*** A 432 watt lighting fixture uses 468 watts per hour. For use with Tek-Light™ 48, New Wave® 48 & Sun Blaze® 48.**

516 WATT LIGHTING FIXTURE

POWER COST ESTIMATION GUIDE PER MONTH (ASSUMES 30 DAY MONTH)

COST PER KW/HR	4¢	6¢	8¢	10¢	12¢	14¢	16¢	18¢	20¢	22¢	24¢	26¢
HRS. PER DAY X 30 DAYS	EXAMPLE: 6 HRS X 516 WATTS* ÷ 1000 X \$.04 PER KWH X 30 DAYS = \$ 3.72											
6 HRS X 30 DAYS	\$3.72	\$5.57	\$7.43	\$9.29	\$11.15	\$13.00	\$14.86	\$16.72	\$18.58	\$20.43	\$22.29	\$24.15
8 HRS X 30 DAYS	\$4.95	\$7.43	\$9.91	\$12.38	\$14.86	\$17.34	\$19.81	\$22.29	\$24.77	\$27.24	\$29.72	\$32.20
10 HRS X 30 DAYS	\$6.19	\$9.29	\$12.38	\$15.48	\$18.58	\$21.67	\$24.77	\$27.86	\$30.96	\$34.06	\$37.15	\$40.25
12 HRS X 30 DAYS	\$7.43	\$11.15	\$14.86	\$18.58	\$22.29	\$26.01	\$29.72	\$33.44	\$37.15	\$40.87	\$44.58	\$48.30
14 HRS X 30 DAYS	\$8.67	\$13.00	\$17.34	\$21.67	\$26.01	\$30.34	\$34.68	\$39.01	\$43.34	\$47.68	\$52.01	\$56.35
16 HRS X 30 DAYS	\$9.91	\$14.86	\$19.81	\$24.77	\$29.72	\$34.68	\$39.63	\$44.58	\$49.54	\$54.49	\$59.44	\$64.40
18 HRS X 30 DAYS	\$11.15	\$16.72	\$22.29	\$27.86	\$33.44	\$39.01	\$44.58	\$50.16	\$55.73	\$61.30	\$66.87	\$72.45

*** A 516 watt lighting fixture uses 554 watts per hour. For use with the Spectra Max 516.**

600 WATT LIGHTING FIXTURE

POWER COST ESTIMATION GUIDE PER MONTH (ASSUMES 30 DAY MONTH)

COST PER KW/HR	4¢	6¢	8¢	10¢	12¢	14¢	16¢	18¢	20¢	22¢	24¢	26¢
HRS. PER DAY X 30 DAYS	EXAMPLE: 6 HRS X 680 WATTS* ÷ 1000 X \$.04 PER KWH X 30 DAYS = \$ 4.90											
6 HRS X 30 DAYS	\$4.90	\$7.34	\$9.79	\$12.24	\$14.69	\$17.14	\$19.58	\$22.03	\$24.48	\$26.93	\$29.38	\$31.82
8 HRS X 30 DAYS	\$6.53	\$9.79	\$13.06	\$16.32	\$19.58	\$22.85	\$26.11	\$29.38	\$32.64	\$35.90	\$39.17	\$42.43
10 HRS X 30 DAYS	\$8.16	\$12.24	\$16.32	\$20.40	\$24.48	\$28.56	\$32.64	\$36.72	\$40.80	\$44.88	\$48.96	\$53.04
12 HRS X 30 DAYS	\$9.79	\$14.69	\$19.58	\$24.48	\$29.38	\$34.27	\$39.17	\$44.06	\$48.96	\$53.86	\$58.75	\$63.65
14 HRS X 30 DAYS	\$11.42	\$17.14	\$22.85	\$28.56	\$34.27	\$39.98	\$45.70	\$51.41	\$57.12	\$62.83	\$68.54	\$74.26
16 HRS X 30 DAYS	\$13.06	\$19.58	\$26.11	\$32.64	\$39.17	\$45.70	\$52.22	\$58.75	\$65.28	\$71.81	\$78.34	\$84.86
18 HRS X 30 DAYS	\$14.69	\$22.03	\$29.38	\$36.72	\$44.06	\$51.41	\$58.75	\$66.10	\$73.44	\$80.78	\$88.13	\$95.47

*** A 600 watt lighting fixture uses 680 watts per hour. For use with Sun System® 1, 10, Harvest Pro™ & Elite.**

1000 WATT LIGHTING FIXTURE

POWER COST ESTIMATION GUIDE PER MONTH (ASSUMES 30 DAY MONTH)

COST PER KW/HR	4¢	6¢	8¢	10¢	12¢	14¢	16¢	18¢	20¢	22¢	24¢	26¢
HRS. PER DAY X 30 DAYS	EXAMPLE: 6 HRS X 1100 WATTS* ÷ 1000 X \$.04 PER KWH X 30 DAYS = \$ 7.92											
6 HRS X 30 DAYS	\$7.92	\$11.88	\$15.84	\$19.80	\$23.76	\$27.72	\$31.68	\$35.64	\$39.60	\$43.56	\$47.52	\$51.48
8 HRS X 30 DAYS	\$10.56	\$15.84	\$21.12	\$26.40	\$31.68	\$36.96	\$42.24	\$47.52	\$52.80	\$58.08	\$63.36	\$68.64
10 HRS X 30 DAYS	\$13.20	\$19.80	\$26.40	\$33.00	\$39.60	\$46.20	\$52.80	\$59.40	\$66.00	\$72.60	\$79.20	\$85.80
12 HRS X 30 DAYS	\$15.84	\$23.76	\$31.68	\$39.60	\$47.52	\$55.44	\$63.36	\$71.28	\$79.20	\$87.12	\$95.04	\$102.96
14 HRS X 30 DAYS	\$18.48	\$27.72	\$36.96	\$46.20	\$55.44	\$64.68	\$73.92	\$83.16	\$92.40	\$101.64	\$110.88	\$120.12
16 HRS X 30 DAYS	\$21.12	\$31.68	\$42.24	\$52.80	\$63.36	\$73.92	\$84.48	\$95.04	\$105.60	\$116.16	\$126.72	\$137.28
18 HRS X 30 DAYS	\$23.76	\$35.64	\$47.52	\$59.40	\$71.28	\$83.16	\$95.04	\$106.92	\$118.80	\$130.68	\$142.56	\$154.44

*** A 1000 watt lighting fixture uses 1100 watts per hour. For use with Sun System® 1, 6, 10, Harvest Pro™ & Elite.**